

Live Read Scripts

30-Second Live Read

There are everyday actions to help prevent the spread of respiratory diseases.

- Wash your hands
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze.
- Clean and disinfect frequently touched objects.

For more information, visit [CDC DOT GOV SLASH COVID-19](https://www.cdc.gov/covid-19).

This message brought to you by the National Association of Broadcasters and this station.

15-Second Live Read

Wash your hands...avoid sick people...and touching your face.

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